

BREAKFAST MENU

AT SCHULPHOEK SEAFRONT GUESTHOUSE & RESTAURANT 2011

STARTER

- seasonal fruit juice (prepared fresh daily)
 - plated fruit platter with yoghurt and honey
 - freshly rolled organic oats with cranberries, apple and vanilla foam
 - granola & various cereals
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MAIN

- cold meat and cheese selection
 - eggs to order with selection of accompaniments:
crispy bacon, mushrooms, garden tomatoes
 - omelette with selection of fillings:
ham, bacon, smoked salmon, tomato, mushrooms, peppers, onions,
chillies, cheese
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- toast and muffins with a selection of local preserves and jams
- locally sourced and international cheeses available with any breakfast item.

to drink

selection of teas (rooibos, english breakfast, bush tea, earl grey)
freshly crushed fruit juice (seasonal fruit of the day)
espresso, cappuccino or café latte, plunger coffee

